

# Healing With Pressure Point Therapy: Simple, Effective Techniques For Massaging Away More Than 100 Common Ailments

**Jack Forem Steve Shimer**

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Mar 28, 2015. Reflexology, also called zone therapy, is based on the notion that points on the ear or elsewhere to be forms of reflexology, but most Some reflexologists who deny that they diagnose or treat disease. or is more effective than ordinary noncommercial foot massage is a matter of individual choice. Mar 1, 1999. Healing with Pressure Point Therapy: Simple, Effective Techniques for Massaging Away More Than 100 Common Ailments. by Jack Forem. Healing with Pressure Point Therapy: Simple. - Desertcart.com Acupressure is one of the many massage treatments offered at Power Therapeutic Massage. Forem, Jack 1999 Healing with Pressure Point Therapy: Simple, Effective Techniques for Massaging Away More Than 100 Common Ailments. Lymphatic Self Care: Boosting Your Body's Ability. - Massage Today Apr 1, 1999. 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